

Coverage for 3-D Mammograms

A directive issued by the state of Pennsylvania requires three-dimensional (3-D) mammograms, or digital breast tomosynthesis (DBT) mammograms, to be covered by insurance under existing state law. These mammograms must be provided to women in accordance with the terms of your coverage.

DBT is a 3-D view of the breast using X-ray technology, where the X-ray tube moves in an arc around the stabilized breast, and these images (slices) are then sent to a computer to produce the 3-D image.

Both 3-D and standard mammograms must be covered in the same way under this directive, according to your benefits and Highmark's latest medical policy.

Screening and Diagnostic Mammograms

[Screening mammography](#) is an X-ray of the breast used to detect possible breast cancer in patients with no signs or symptoms of disease.

Diagnostic mammography is an X-ray used to look more closely at a finding in a screening mammography or used when a patient has other signs or symptoms, or a history of cancer.

While it's up to you to decide the type of screening mammogram you wish to have, we encourage you to talk to your doctor about which option is right for you. If you need a diagnostic mammogram, work with your doctor to choose the right option. Your doctor will recommend the best option for you.

Have Questions?

Call your dedicated Highmark Customer Service Unit at 1-866-594-1732 with questions.